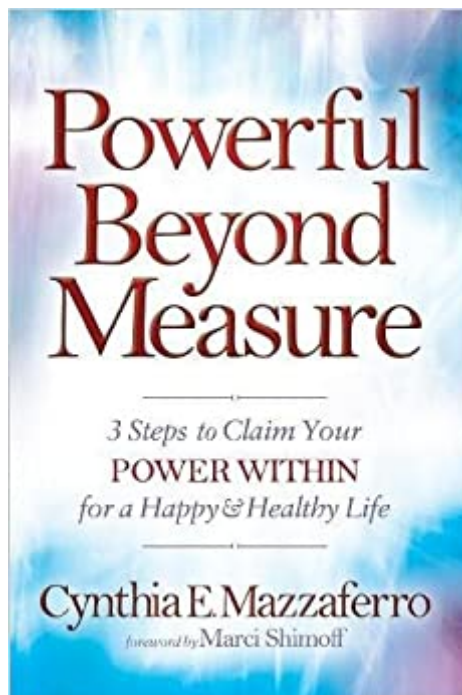




**Ebook Directory**  
the best source of ebook

**The book was found**

# **Powerful Beyond Measure: 3 Steps To Claim Your Power Within For A Happy & Healthy Life**



## Synopsis

Powerful Beyond Measure is a complete transformational guide to living a life of authenticity and abundance that's deeply rooted in love, acceptance, compassion, and kindness. Readers learn how to discover and embrace their inner power, release and heal the emotional residue from the past, and envision a future of unbounded possibilities that allows their passions and purpose to be fulfilled. Through insight, self-exploration, and step-by-step, practical exercises, Powerful Beyond Measure guides readers along the journey of lifelong spiritual growth-- empowering them to take control of their destinies and create lives filled with joy, health, happiness, and success.

## Book Information

Paperback: 260 pages

Publisher: Morgan James Publishing (April 4, 2017)

Language: English

ISBN-10: 1683501500

ISBN-13: 978-1683501503

Product Dimensions: 6 x 0.6 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 53 customer reviews

Best Sellers Rank: #514,195 in Books (See Top 100 in Books) #24 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Medicine & Psychology](#) #28 in [Books > Health, Fitness & Dieting > Alternative Medicine > Reference](#) #40 in [Books > Self-Help > Inner Child](#)

## Customer Reviews

See Endorsements. "Cynthia had me at hello, and each page drew me deeper and deeper into a world of profound self-discovery. I loved reading the story of her dark-night-of-the-soul experience and how it led to her inner awakening and the resulting teaching about how we can take our own most challenging experiences and use them to awaken our inner spirit, passions, and gifts and become Powerful Beyond Measure." Debra Poneman, best-selling author, founder of Yes to Success, Inc. and cofounder of Your Year of Miracles, LLC "In a world where so many seek power in an unbalanced way, Cindy takes us back to the roots addressing internal issues to support the reader in embracing a balance of power and heart. A true gift to humanity." John Newton, founder of HealthBeyondBelief.com "What if you could let go of the past and harness the power of the most difficult experiences of your life? In Powerful Beyond Measure, Cindy Mazzaferro has given us

a path for healing ourselves and walking into our future with open hearts. With depth and honesty, she's written an exceptional book that will help you ease emotional pain and transform it into the peace and power that's always been inside of you.

Kim Forcina, owner of Kaleidoscope Spirit~Coaching for Dreamers and Creatives

"Powerful Beyond Measure is a beautiful book of self-exploration. It leads you inside yourself so you can find your true purpose. If you want to have a deeper understanding of yourself, and who doesn't, you must read this book!"

Cary Carbonaro, MBA, CFP®, author of *The Money Queen's Guide: For Women Who Want to Build Wealth and Banish Fear*

"When I first met Cindy my world looked dark and bleak. The years of mental, emotional, and physical abuse was embedded into every cell in my body, which resulted in numerous serious medical conditions, including multiple cancers and autoimmune diseases. I had fibromyalgia pain for over forty years that was constant and debilitating. Cindy offered to work with me, and after the first Reiki treatment, I slowly stood up and opened my eyes. I remember clearly everything around me: the natural light in the room was brighter, almost shimmering; her flowers and plants all had a fascinating glow to them, and one could feel them to be alive. I couldn't stop watching the beauty all around me; it was as if everything had changed, from a place of profound darkness to God's true light in the world. I was so amazed at the light and love in the room, I hadn't even realized that I was totally pain free, too! It was such a change in reality, as if I was seeing life and love for the first time. Powerful Beyond Measure is Cindy's gift to the world, infused with God's love, powerful words, and healing. For all those waiting for love, peace, and beauty to enter into your life, there's no need to wait any longer; you're only a few pages away from finding your power within and being Powerful Beyond Measure. This is a book that you'll want to read over and over again!"

Margot Saraceno

"In my 20s, I made a conscious choice to start having a happy life. I didn't know how that would manifest or what changes it would open up, but more than thirty years later, I still refer to it as the best decision I ever made. Finding and harnessing our own mighty power to change ourselves and the world is a path to happiness. And Cynthia Mazzaferro will lead you there. Combining her own and others' personal stories with the latest neuroscience, she's created a well-written and smoothly flowing guide to what's possible which is just about everything. As Muhammad Ali said, 'Impossible is not a fact. It's a dare.'

Shel Horowitz, Transformpreneur.com; lead author of *Guerrilla Marketing to Heal the World: Combining Principles and Profit to Create the World We Want*

"Powerful Beyond Measure. That says it all! Cynthia helps us see that we are all

Powerful Beyond Measure – by helping us tap into the power that we all have within us. She goes through all the limiting factors that keep us from tapping into or even being aware of that power. When we discover that power within us, we become different beings, living life to its fullest. This book will open gateways that you never imagined existed. It's all about the power that you have within you and how you can be Powerful Beyond

Measure. – Luella May, cohost of radio show The Best Years in Life – “In her new book, Cynthia Mazzaferro helps us cut through the layers of resistance and denial we've crafted to protect ourselves. She challenges us to reexamine our past and face how we perceive our present so we might embrace the full potential of our future. Powerful concepts are supported with real-world data and brought to life with meaningful exercises and thought-provoking questions. If you long to live a fuller, happier life, start today by reading Powerful Beyond

Measure. – Lisa Dadd, author of Finding Fabulous: Paving the Path between Paycheck and Passion – “Powerful Beyond Measure dynamically illuminates the connections between our emotions, physicality, and memories with our current patterns and pains. In a gentle sequence, Cynthia Mazzaferro offers the path of understanding, with tools and support so you can relieve your underlying struggles. Inner healing is now available for everyone with this remarkable book. – Susan Steiner, OTR/L, CST-D; instructor of craniosacral therapy and somato-emotional release, Upledger Institute – “Cynthia Mazzaferro has provided a profound experience for you to integrate into your quest for your Soul's purpose as you seek for answers to living a life of joy, fulfillment, and peace within. I highly recommend Powerful Beyond Measure, as it's a book that you will be interactive with as you discover your true and authentic self. – Nancy Ferrari, multimedia producer/host; intuitive life

coach – “There is no longer a reason to suffer, feel alone, and live a life of despair. Powerful Beyond Measure gently, but with a concise and effective process, guides you to resolution, healing, growth, and prosperity. Cindy has masterfully shared her own experiences, in addition to providing you with the tools that she has used to heal her life physically, mentally, emotionally, and spiritually. When we find ourselves reactionary to life, it's most often necessary to seek outside influences to help us clear our minds and bodies. This book is a culmination of years' worth of integrated healing mastery. It should be considered an integral puzzle piece to our lives, affording each of us an opportunity to clear our unwanted or unneeded baggage, paving the way to peace, a deeper kind of self-love, and inner as well as outer healing. This book is a must

read. – Nicole Myers Henderson, ThM, MRV; president, Earth Essence Inc.; author of On Sacred Time, Tapping the Power Within – “Spot on! People are searching for the

answers as to what is holding them back in the attainment of their goals. Cindy gives them the road map to get beyond the obstacles. Powerful Beyond Measure helps the reader achieve excellence in any and all areas of their life.

— Lori Boyle, Airline Pilot (retired), TV & radio show host

“Have you ever walked through a door to a place where you could feel the energy and vibration and know that something special and powerful was about to happen? As you step into the pages of Powerful Beyond Measure, you will immediately feel the love, power, and energy that will be there for you throughout the book and experience the profound impact that it will have on you and your life. This is a book you will want to read again and again.

— Kathleen O’Keefe-Kanavos, international award-winning author; TV/radio host/producer

“Powerful Beyond Measure offers a clear road map to our true purpose in this lifetime. Understanding that our lives have been scripted before we were even born allows us to realize that life is a playing field for us to grow, learn, and fulfill our destiny. Reading Cynthia’s book allows us to explore ourselves at a deeper level and effortlessly step into our true calling and passion in this life. Thank you, Cynthia, for sharing your passion with the world.

— Traysiah Spring, Vedic astrologer and author, Surviving the Death Sentence: How My Mother Survived Pancreatic Cancer

“Discover the world of possibilities and open your heart to fuel your desires as you use this book to find your power within. Create your own First Aid Toolbox of strategies that work for you in both personal and professional areas. Following the P-O- W-E- R Steps in Powerful Beyond Measure will bring you results that you once thought were impossible.

— Magnes Welsh, principal, Magnes Communications

“Powerful Beyond Measure is a book that you cannot put down. Captivating from the start, Cynthia Mazzaferro honestly tells her story of self-doubt, emotional devastation, and the process of transformation she underwent to discover her power within. Beautifully written, you are given tools and a path to take charge of your own thoughts, emotions, and the power to achieve happiness, health, and the success that you want. You’ll start the book with a desired outcome but end it with so much more. Empowering!

— Debra Kelsey-Davis, CEO Soul2Soul, author of The Ruby Slippers Principle

“Powerful Beyond Measure is a living, breathing gift of love, light, and learning. Cindy gives voice to what the reader is feeling, offering crucial validation for the fears, doubts, and struggles we encounter every day. Most importantly, she offers hope that we can overcome all those obstacles and create lives of joy and inner peace. Cindy shows us how to break down the walls we build to hide our true selves. It’s all about finding the answers that come with self-exploration: why we view ourselves through a murky lens of self-limitation and doubt and how our external environment and experience

are huge factors in what we see as ourselves. Powerful Beyond Measure teaches us how to welcome love, acceptance, compassion, and kindness into our lives, making us free to invite others to see the beautiful human beings we are. It will definitely change people's lives and who knows, maybe the whole world! Beth Riley, MA; president and chief editor, BARdamiss Communications  
"Powerful Beyond Measure is very well thought out and sensitively written. A fantastic template that will generate lasting and profound changes in one's life. Powerful Beyond Measure will be remembered as an empowering guidebook for years to come, the go-to book that empowers oneself to take action to make positive changes, create internal and external healing, and ignite one's passions and purpose for life that sets you on the road to success, happiness, and fulfillment."  
Debbie McIntosh, Debonaire Earth Angel

Creating Powerful Beyond Measure has been part of my spiritual destiny which I always felt drawn to complete. It has been my pleasure and my honor to share this wisdom with you. My life, my growth, my pain, along with the thousands of others that I have worked with is reflected in this powerful book of profound healing and forgiveness; self-love and personal growth; and empowerment, hopefulness where success, happiness, and abundance is revealed. Powerful Beyond Measure will be one of those treasures that you'll read frequently as life and you continue to grow and evolve where wisdom, guidance, unconditional love is found. Do you believe in miracles, reading this book and participating in the exercises will facilitate miracles and results in you and your life that you cannot even imagine. Within the pages are references to various links found on my website to help you as you journey deeper within. Please go to [powerfulbeyondmeasurebook.com/bookgifts](http://powerfulbeyondmeasurebook.com/bookgifts) where the workbook, meditation audio MP3, self-assessment, personalized autographed inspirational message and more can be found.

As with most personal improvement and self growth books, you get the most value from what you put in. While Cynthia's book is no different: It's an easy read and her style makes you feel like you've always known her. She invites you into her life through past experiences and through her examples, you learn how to overcome many of life's obstacles. She provides ready to use, engaging exercises that enable you to take that leap and claim personal empowerment and heal from within. I've not done yet but I've received so much value from her book, I've already recommended it to friends and family.

I've read up to page 18, and did the first exercises and already unlocked some of my past and having a better understanding. I can't wait to answer the questions and go through this with my mom and I think I will do with my dad, also, especially Question 3. "What were your mother's feelings about being pregnant? Your father's feelings? I am pretty sure I know my mom's of being embarrassed and scared at 19. I already love how you are bringing the spirituality aspects into the book, reflection of your childhood and the reminder of how we take on our parents thoughts, feelings, "everything" when we are in the womb. I can't wait to finish and do the exercises! Thank you for writing this book.

I HAVE THE BOOK ALSO TALKED TO CINDY THE BOOK. CINDY HAS BROUGHT ME SOME ROUGH TIMES I WILL ALWAYS BE GRATEFUL FOR HER . BUY THE BOOK TO THANK HER ISNT ENOUGH FOR THIS BOOK IS HELPFUL . ANYONE CAN UNDERSTAND HER SHE BRINGS YOU THROUGH SO MUCH. I have had her as a coach and she is so understanding and soft on you. I would recommend her book to all and her coaching .PLEASE GIVE HER A CHANCE TO CHANGE YOUR LIFE . Please buy THE BOOK POWERFUL BEYOND MEASURE. I also would recommend her to coach if you need help.AGAIN BUY THE BOOK. SHE GENTLY WALKED ME THROUGH MY ROUGH SPOTS I WAS HAVEING AND UNDERSTOOD ME AS A PERSON.

This book is such a gift! For anyone looking for wise, practical advice and a clear road map to tap into your own inner-wisdom, this is the book. The author, Cindy, gently guides us on a beautiful, yet powerful journey of shedding our old limiting beliefs and releasing us into a new way of living. It's a game changer and you'll be so glad you bought this book!

this book gives you the insight and tools to get in touch with your own power. What it offers is life changing.

Is a really good book very good read have recommend for friends and family to buy the book 5 stars

so far so good

As a reader of the works of Eckhart Tolle, Marianne Williamson, Louise Hay and Wayne Dyer, I was pretty sure I didn't need another "self-help" book in my physical and emotional wellbeing toolbox, but I purchased Ms. Mazzaferro's

book anyway because the title grabbed me. I may not have needed just another "another" book, but goodness, I needed this one. In fact, if I had to pick a single book that embraces the best of New Thought and ancient wisdoms it would be **POWERFUL BEYOND MEASURE**. Packed with great perspectives and step-by-step exercises, Ms. Mazzaferro's book is like six books in one. I have just completed my first read and am now ready to jump back in for a deep dive to further advance my healing. I may offer some anecdotal insight on my experience reading **Powerful Beyond Measure**. For the past year I've struggled with lower back and foot pain. X-rays and MRIs proved little with the exception of inflammation along my spine for no apparent reason. Toxicology tests, allergy tests all came back negative and left me despondent. (The only thing worse than being in pain and getting a diagnosis that something is wrong -- is getting a diagnosis that NOTHING is wrong!) Long familiar with the notion of the Mind/Body/Spirit connection and knowing that the back represents "support" and feet issues can result when one literally does not take "a stand," I tried to find the answers within myself, and with little success. It was not until I read **Powerful Beyond Measure** and began doing the visualization methods that I had a profound Aha! moment when I realized my pain began about the same time I had some negative experiences and comments from loved ones surrounding a book I was writing at the time. Using the guided meditation and the work sheets have resulted in a decrease of pain and have led me to a better understanding of myself and my relationships with my loved ones. With Ms. Mazzaferro's help, I've delved deeper into the whys and hows of the past which had manifested into dis-ease and the dis-harmony in my life. Armed with new tools, I have a renewed sense of direction as I step into the future. **Powerful Beyond Measure**, indeed!

[Download to continue reading...](#)

**Powerful Beyond Measure: 3 Steps to Claim Your Power Within for a Happy & Healthy Life** The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement, Increasing Self-Esteem, & Gaining Positive Energy, Motivation, Forgiveness, Happiness ... Happiness, Change Your Life Book 1) Get Lit Rising: Words Ignite. Claim Your Poem. Claim Your Life. Measure Twice, Cut Once: Simple Steps to Measure, Scale, Draw and Make the Perfect Cut-Every Time. (Popular Woodworking) Five Deadly Sins That Can Destroy Your Home Insurance Claim: (Avoid them and you stand a good chance of winning your home insurance claim) Win The Claim Game: An Insider's Guide To A Successful Home Insurance Claim Measure for Measure: The Arkangel Shakespeare Measure for Measure



(Arkangel Shakespeare) Measure for Measure Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) Happy, Happy, Happy: My Life and Legacy as the Duck Commander Claim Your Power: A 40-Day Journey to Dissolve the Hidden Blocks That Keep You Stuck and Finally Thrive in Your Life's Unique Purpose Maximizing Your Injury Claim: Simple Steps to Protect Your Family After an Accident Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin, Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain Science, Brain Exercise, Train Your Brain) Discover the Power Within You: A Guide to the Unexplored Depths Within Whole Health for Happy Cats: A Guide to Keeping Your Cat Naturally Healthy, Happy, and Well-Fed (Quarry Book) Solar Power: The Ultimate Guide to Solar Power Energy and Lower Bills: (Off Grid Solar Power Systems, Home Solar Power System) (Living Off Grid, Wind And Solar Power Systems) Power Training: For Combat, MMA, Boxing, Wrestling, Martial Arts, and Self-Defense: How to Develop Knockout Punching Power, Kicking Power, Grappling Power, and Ground Fighting Power Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016 The Perfect Menopause: 7 Steps to the Best Time of Your Life [ THE PERFECT MENOPAUSE: 7 STEPS TO THE BEST TIME OF YOUR LIFE ] by Hess, Henry M. ( Author ) May-01-2008 Paperback

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)